

ProSource® Protein Powder

Instant Protein Powder



FEATURES AND SPECIFICATIONS

Caloric Distribution (% of kcal)

Protein	80%
Carbohydrate	20%
Fat.....	0%

Protein Source:

Whey Protein, Calcium Caseinate

HCPCS Code: B4155

Appropriate for these diets:

Lactose Free, Gluten Free,
Low Residue, Sugar Free,
Low Sodium, Low Fat

Can be used orally or through feeding tube.

Allergen: Milk and Soy

Shelf Life: 24 months

Each serving provides 6 g of protein to help maintain muscle.

Mixes easily into liquids without lumping for ease of use in tube feeding.

Can be added to pureed and soft foods for enhanced protein.

Not a sole source of nutrition.

NOT FOR PARENTERAL USE

Ordering information:

Item Number	Case UPC	Billing Code	Packaging
11162 Neutral	5-07-94688-11162-6	94688-0111-62	6/9.7 oz. tubs
11169 Neutral	5-07-94688-11169-5	94688-0111-69	100/7.5 g packets

FOR THE DIETARY MANAGEMENT OF INCREASED PROTEIN NEEDS

The benefits of whey and casein combined: whey for muscle enhancement, casein for muscle repair.^{5,6,39}

Whey, a protein derived from milk, is considered a fast-acting protein because its impact on postprandial (after-eating) protein metabolism is fast, high (amino acids are available immediately) and transient. The amino acids derived from whey are typically associated with protein synthesis and oxidation rather than the inhibition of protein breakdown—so whey is used for muscle building.

Casein, the main protein found in milk, has a slower absorption profile, meaning that it releases amino acids into the blood more slowly than whey. Casein's slower profile is an essential requirement for reconstructing broken-down muscles.

Whey primarily stimulates protein synthesis for muscle enhancement.

Casein inhibits protein breakdown, allowing run-down muscles to rebuild and repair.

Administration

Oral: Add 1 packet to any cold or hot liquid, pureed food, soup, shake or smoothie.

Tube Feeding: Mix 1 packet with 60 mL of water. Stir until dissolved. Administer slowly via syringe. Flush before and after administration with 30-60 mL of water.

Can be mixed with tube feeding formula.

Ingredients: Whey Protein Concentrate, Calcium Caseinate, Soy Lecithin.
Contains Milk, and Soy.

Nutrition Facts

Serving Size: 1 Packet (7.5 g)

Amount Per Serving
Calories 30

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 45mg	2%
Potassium 10mg	0%
Phosphorus 35mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vit. D 0mcg 0%	Calcium 44mg 3%
Iron 0mg 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.