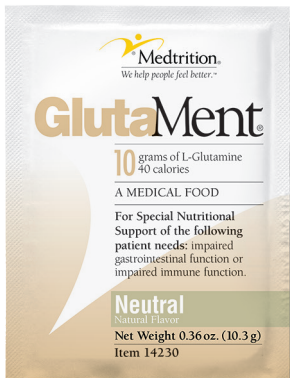


GlutaMent®

100% Pharmaceutical Grade
L-Glutamine Powder



- For impaired Gastrointestinal functions caused by disease, radiation therapy, chemotherapy.

FEATURES AND SPECIFICATIONS

Kcal/mL..... 0.33
When mixed in 120 mL of water

Caloric Distribution (% of kcal)
L-Glutamine 100%

HCPCS Code: B4155

Appropriate for these diets:
Lactose Free*, Gluten Free, Low Residue,
Carbohydrate Controlled, Clear Liquid,
Low Fat

Can be used orally or through feeding tube.

Contraindications: People with kidney disease, liver disease or Reye's syndrome.
Since L-glutamine is unstable after being mixed with in a liquid, it is important to administer immediately after mixing to ensure full potency.

Shelf Life: 24 months

Each serving contains: 10 g L-Glutamine

Typically used for:
Surgery, wounds, critical illness
Mucositis associated with chemo and radiation therapy

Ordering information:

Item Number	Case UPC	Billing Code	Packaging
14230 Neutral	5-07-94688-14230-9	94688-0142-30	50/10.3 g packets

Diarrhea
Inflammatory bowel disease

Studies indicate 10 g of L-Glutamine TID taken two weeks before chemotherapy and continued during the course of therapy can reduce the incidence of chemo induced peripheral neuropathy.

Glutamine is contraindicated in liver disease and should not be given to patients in shock or who have multi-organ failure

Mixes easily in water or juice. Add to applesauce, pudding or yogurt.

Discard any GlutaMent not immediately consumed.

Not a sole source of nutrition.

NOT FOR PARENTERAL USE

*Not for individuals with galactosemia.

FOR THE DIETARY MANAGEMENT OF IMPAIRED GI FUNCTION

GlutaMent® is specifically formulated to provide the nutrients for the dietary management of conditions associated with impaired gastrointestinal function or impaired immune function.^{15,16,17,18,19}

Digestion and normal metabolic function of the intestines depend upon adequate amounts of glutamine.

Glutamine deficiency develops during periods of fasting, starvation, strict dieting, and weight loss associated with AIDS, critical illness and cancer. Deficiencies cause loss of gut integrity, impaired immune function, poor wound healing and slow recovery from illness. Glutamine deficiency can result in diarrhea, villous atrophy, mucosal ulceration, increased intestinal permeability and intestinal necrosis.

Dosing and Administration

Dosing: Mix one packet with 120-180 mL of cold or room temperature water or juice, stir and drink immediately. For mucositis, take one packet of GlutaMent mixed in 120 mL of water before meals three times a day (30 g of glutamine) using a swish-and-swallow technique.

GlutaMent should not be added to hot beverages as heat destroys glutamine.

Tube Feeding: Mix one packet with 30 mL of water. Stir until completely dissolved. Infuse via syringe down feeding tube. Flush tube with 15-30 mL water before and after administration. Do not mix with tube feeding.

The daily dose of GlutaMent is determined based on the individual needs as assessed by the dietitian or qualified healthcare provider. However, in general, one to three packets per day or up to 0.50 g of glutamine per kg of bodyweight is suggested.

Other Ingredients: Glutamine, Hydroxypropyl Cellulose.

*GlutaMent multi-use jar information available on page 68.

Nutrition Facts

Serving Size: 1 Packet (10.3 g)

Amount Per Serving		% Daily Values*	
Calories 40	Calories from Fat 0		
		% Daily Values*	
Total Fat 0g			0%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 0mg			0%
Potassium 0mg			0%
Phosphorus 0mg			0%
Total Carbohydrate 0g			0%
Dietary Fiber 0g			0%
Sugars 0g			
Protein 0g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 0%		

* Percent Daily Values are based on a 2,000 calorie diet.

L-Glutamine 10g